

Balanced Prostate Health Support*

Nutritional support for healthy prostate function

Balanced Prostate Health Support* contains a comprehensive formula of nutrients designed to nourish and protect prostate cells. The prostate is a small gland that surrounds the neck of the bladder and urethra, both of which are responsible for ensuring healthy urinary flow. The major known function of the prostate gland is to manufacture and secrete seminal fluid, which includes the sperm necessary for human reproduction. This fluid also helps maintain a moist lining in the urethra, which is the tube through which urine and seminal fluids flow out of the body.

As men age, hormonal and metabolic changes can affect prostate health. Additionally, some of the hormonal changes that influence the health of the prostate can have effects elsewhere in the body, so targeted supplementation that offers support to the prostate gland may benefit a man's overall health.

Highlights

- **Zinc** – this mineral is stored in the prostate gland and is required for healthy sperm production. In addition to a highly absorbable form of chelated zinc, this product also includes **pumpkin seed extract**, a naturally rich source of zinc.
- **Lycopene** – the most potent and abundant antioxidant in the prostate gland, well recognized for supporting prostate health and protecting cells from oxidative damage
- **Saw Palmetto** – plant extract that promotes healthy hormone levels—specifically, it helps inhibit the conversion of testosterone to dihydrotestosterone (DHT), a more potent androgen hormone that can negatively affect the prostate
- **Glycine, Alanine, and Glutamic Acid** – amino acids abundant in seminal fluid
- **DIM (Diindolylmethane) and Chrysin** – extracts known to decrease the conversion of testosterone into estrogen, therefore helping to maintain a healthy hormone balance

Who can benefit from Balanced Prostate Health Support*?

- Men who want to support and maintain healthy prostate function, especially those over the age of 45

Recommended Use: Take two capsules per day, or as directed by your health care practitioner.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT OPTIMUM THERAPEUTIC SOLUTIONS, PLEASE CALL US AT 972-893-6068, OR VISIT US ON THE WEB AT WWW.OPTIMUMHORMONEBALANCE.COM