## **Cholesterol Optiplex**

Red Yeast Rice & CoQ10 Lipid Support\*





**Cholesterol Optiplex** is a comprehensive formula designed to support healthy blood lipid levels and liver function.\* It contains nutrients to enhance fat metabolism, including choline, methionine and taurine.\* Additionally, dandelion is included to support bile flow and healthy liver function.\* NAC is a precursor for the synthesis of glutathione and is used by the liver to detoxify harmful chemicals and other toxins.\* NAC may also have a beneficial effect on lipoprotein(a) levels.\* Inositol hexaniacinate, a sustained release form of niacin, and guggul extract are included to support healthy blood lipid levels, including triglycerides.\* Several studies on policosanol indicate it may also be beneficial for helping maintain healthy blood lipid levels.\*

## **Four Capsules Contain:**

Niacin (as Inositol Hexaniacinate)	800 mg
Guggul Extract	600 mg
Red Yeast Rice	500 mg
Choline Citrate	320 mg
L-Methionine	320 mg
L-Taurine	160 mg
Dandelion Root Extract 4:1	120 mg
NAC (N-Acetyl Cysteine)	80 mg
Coenzyme Q10 (ubiquinone)	25 mg
Policosanol	16 mg

**Other Ingredients:** HPMC (vegetable capsule), MCC (microcrystalline cellulose), rice flour, ascorbyl palmitate, silica.

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

**Directions:** Take four capsules daily after a meal or as directed by your healthcare practitioner.

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