

**Directions:** Take one capsule one or two times daily or as directed by your healthcare practitioner.

**L-Theanine** is a naturally occurring, unique amino acid found in green tea leaves. This L-Theanine is Suntheanine® – the most respected source and the one which has been used in scientific studies. L-Theanine may promote a sense of relaxation without causing drowsiness.\* It has also been found to promote healthy cellular function and reduce feelings of stress and anxiety.\* L-Theanine may be useful in reducing the negative side effects of caffeine.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution:** Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**This Formula Meets or Exceeds cGMP Quality Standards.**

v11.4B-50055NM147



**Therapeutic Solutions**

**L-Theanine 200 mg**

Relaxation and Stress Relief\*

**Featuring Suntheanine®**

**Dietary Supplement**

For Professional Use Only



**60** VEGETABLE CAPSULES

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount	%DV
L-Theanine (Suntheanine®†)	200 mg	**

\*\* Daily value not established.

**Other Ingredients:** Rice flour, HPMC (vegetable capsule), MCC (microcrystalline cellulose), ascorbyl palmitate, silica.

**Free of:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

†Suntheanine® is a registered trade name for pure L-Theanine from Taiyo Kagaku Co. Ltd., Yokkaichi, Japan.

**Suitable for Vegetarians**

To report a serious adverse event, call: 866.787.5175

Distributed by: **Optimum Therapeutic Solutions**  
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