

**Recommended Use:** As a dietary supplement, take two capsules per day with meals, or as directed by your health care practitioner.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

**Notice:** Color, size or shape may appear different between lots.

- ✓ **MADE WITH NON-GMO INGREDIENTS**
- ✓ **DOES NOT CONTAIN GLUTEN**
- ✓ **VEGETARIAN FORMULA**



Therapeutic Solutions

# Methyl-Optiplex

## Homocysteine Support<sup>†</sup>

### Dietary Supplement

For Professional Use Only

60 VEGETARIAN CAPSULES

<sup>†</sup> This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 2 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	
Riboflavin (Vitamin B-2) (as Riboflavin-5-Phosphate)	50 mg	2941%
Vitamin B-6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	50 mg	2500%
Folate (NatureFolate™ blend)	2400 mcg	600%
Vitamin B-12 (as Methylcobalamin)	1000 mcg	16667%
Zinc (TRAACS® Zinc Bisglycinate Chelate)	5 mg	33%
Trimethylglycine (TMG)	500 mg	*
Choline Dihydrogen Citrate	100 mg	*
Serine	100 mg	*
N-Acetyl-L-Cysteine (NAC)	100 mg	*

\*Daily Value not established.

**Other Ingredients:** Cellulose (capsule), vegetable stearate, silicon dioxide.

**Manufactured for: Optimum Therapeutic Solutions**

6420 N. MacArthur Blvd., Suite 100, Irving, TX 75039

[www.optimumhormonebalance.com](http://www.optimumhormonebalance.com)

Report any adverse reactions to: 972-893-6068

**STORE AT ROOM TEMPERATURE.**

**KEEP OUT OF REACH OF CHILDREN.**

**HYS060-PL-5**