

**DIRECTIONS:** Take one capsule daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

**Optimum Menopause** is a unique formula integrating Native American, Chinese, and Ayurvedic herbs to provide balanced support to menopausal women.\*

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CAUTIONS:** Do not take if you are pregnant or lactating.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Therapeutic Solutions

# Optimum Menopause

Phyto Support

Dietary Supplement

For Professional Use Only

90 VEGETARIAN CAPSULES



## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 90

	Amount Per Serving	%Daily Value
Dandelion 4:1 Extract ( <i>Taraxacum officinale</i> )(root)	66.67 mg	**
Wild Yam 10:1 Extract ( <i>Dioscorea villosa</i> )(root)	66.67 mg	**
Chaste Berry Extract ( <i>Vitex agnus-castus</i> )(fruit) (0.5% agnuside and 0.4% aucubin)	66.67 mg	**
Black Cohosh Extract ( <i>Cimicifuga racemosa</i> )(roots) (2.5% triterpene glycosides)	50 mg	**
Ashwagandha ( <i>Withania somnifera</i> )(root)	33.33 mg	**
Motherwort Extract Complex ( <i>Leonurus cardiaca</i> )(herb)	33.33 mg	**
Red Clover ( <i>Trifolium pratense</i> )(flower tops)	33.33 mg	**
Dong Quai Extract ( <i>Angelica sinensis</i> )(root)(1% ligustilide)	25 mg	**
Licorice Extract ( <i>Glycyrrhiza glabra</i> )(root)(20% glycyrrhizin)	8.33 mg	**

\*\*Daily Value not established

**Other Ingredients:** HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, and silica.

Distributed By:  
**OPTIMUM THERAPEUTIC SOLUTIONS**  
6420 N. MacArthur Blvd, Suite 100  
Irving, TX 75039

Manufactured in a GMP compliant facility.

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This package is completely recyclable ♻