

**Directions:** Add one scoop to 5-6 ounces of chilled water or beverage of your choice and stir, or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness.

**Note:** This formula has a full complement of vitamins and minerals and tastes best when mixed in 5-6 ounces of chilled water.

**Premium Greens** is a state-of-the-art, great tasting greens and superfood drink mix. It is made from the highest quality, freshest fruits and vegetables available, specifically selected for their nutrient-rich properties and high ORAC value. This premium formula is loaded with energizing phyto-nutrients, certified organic whole foods and plant extracts, including pure spirulina, chlorella, certified organic goji, certified organic banana, broccoli and cauliflower. With this unique blend of great tasting superfoods, getting your fruits, vegetables, vitamins and minerals has never tasted so good!

**What makes this a "premium" greens drink mix?**

We have added a full complement of vitamins and minerals, supplying at least 30% of the recommended daily value per serving in addition to all the naturally occurring nutrients found in the greens and superfoods blend. We have chosen active forms of B-vitamins, as well as the premium ingredients AlgaeCal® and BrocColinate®. AlgaeCal® is a superior, certified organic, plant-derived whole food complex supplying natural calcium and minerals and BrocColinate® is an extract from broccoli sprouts that has been heavily studied for its ability to aid Phase II detoxification and provide powerful antioxidant properties.\* Premium Greens contains a full spectrum, advanced adaptogenic herb blend designed to support the body's stress response and adrenal function.\* The 5-MTHF in this formula, Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.\* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Contents sold by weight, not volume.** Some settling may occur during shipping and handling. The amount of product contained in 1 scoop may be above or below 11.7 grams due to variations in handling and product density.

**Caution:** Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**This Formula Meets or Exceeds cGMP Quality Standards.**

**Does not contain artificial colors, sweeteners or preservatives.**

Made with Vitashine   

Distributed by: **Optimum Therapeutic Solutions**  
6420 N. MacArthur Blvd Suite 100 | Irving, TX 75039  
t 972.893.6068

v13J-50055NM963



Therapeutic Solutions

Premium Greens  
Soy-Free

Refreshing Berry

Dietary Supplement

For Professional Use Only



42 SERVINGS | 17.3 OZ (491.4 G)

Supplement Facts

Serving Size: 11.7 g (1 scoop)  
Servings per Container: 42

	Amount per Serving	%Daily Value†
Calories	38	
Calories from Fat	7	
Total Fat	< 1 g	< 2 %
Saturated Fat	< 1 g	< 1 %
Sodium	13 mg	< 1 %
Total Carbohydrates	6.9 g	< 3 %
Dietary Fiber	1 g	4 %
Sugars (naturally-occurring; not added)	2.8 g	**
Protein	1 g	2 %
Vitamin A (as beta carotene)	1,500 IU	30%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol (plant-derived))	120 IU	30%
Vitamin E (as d-alpha-tocopheryl acetate)	9 IU	30%
Vitamin K1 (as phytonadione)	80 mcg	30%
Vitamin B1 (as thiamin HCl)	0.45 mg	30%
Vitamin B2 (as riboflavin)	0.51 mg	30%
Niacin (as niacinamide)	6 mg	30%
Vitamin B6 (as pyridoxal-5'-phosphate)	0.6 mg	30%
Folate (as (6S)-5-methyltetrahydrofolate acid, glucosamine salt‡)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	30 mcg	500%
Biotin	90 mcg	30%
Pantothenic Acid (as calcium d-pantothenate)	3 mg	30%
Calcium (as tricalcium phosphate, AlgaeCal® (Algas calcareas))	350 mg	35%
Phosphorus (as dipotassium phosphate, magnesium phosphate, tricalcium phosphate)	300 mg	30%
Iodine (as potassium iodide)	45 mcg	30%
Magnesium (as magnesium phosphate, AlgaeCal® (Algas calcareas))	120 mg	30%
Zinc (as zinc oxide)	4.5 mg	30%
Selenium (as sodium selenite)	21 mcg	30%
Manganese (as manganese sulfate)	0.6 mg	30%
Chromium (as chromium picolinate)	120 mcg	100%
Molybdenum (as sodium molybdate)	23 mcg	31%
Potassium (as dipotassium phosphate, potassium iodide)	99 mg	3%


† Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

To report a serious adverse event, call: 866.787.5175

	Amount per Serving	%Daily Value†
<b>Antioxidant &amp; Superfruit Blend (High ORAC)</b>	<b>4,510 mg</b>	**
Banana Powder (certified organic) (fruit), Banana Flakes (certified organic) (fruit), Apple Fruit 12:1 Extract, Lycium Powder (Goji Berry) (certified organic) (fruit), Pomegranate Powder (fruit), Mangosteen Powder (fruit), Açai Berry Extract (fruit), Apple Powder (fruit), Grape Seed Extract, Pomegranate Extract (fruit), Mangosteen Extract (fruit), Debittered Stevia rebaudiana Extract (leaf), Bilberry Extract (fruit), American Elder Extract (Elderberry) (fruit), Blueberry 150:1 Extract (fruit).		
<b>Greens Blend</b>	<b>1,800 mg</b>	**
Chlorella (broken cell wall), AlgaeCal® (Algas calcareas) (certified organic), Spirulina, BrocColinate® (broccoli seed extract providing sulforaphane glucosinolate†††), Broccoli Powder (head), Cauliflower Powder (aerial parts), Collard Powder (Kale) (leaf), Spinach Powder (leaf), Carrot Powder (taproot), Parsley Powder (leaf), Kelp 4:1 Extract (whole plant).		
Sunflower Lecithin (Non-GMO)	1,000 mg	**
<b>Plant Fiber &amp; Essential Omega Blend</b>	<b>600 mg</b>	**
Black Chia Seeds (certified organic), Brown Flax Seeds (certified organic) (non-GMO), Apple Fiber Pectin (fruit).		
<b>Adaptogenic Herbs &amp; Detoxifiers</b>	<b>425 mg</b>	**
Astragalus membranaceus Extract (root), Reishi Mushroom Powder (certified organic), Maitake Mushroom Extract (fruit body), Shiitake Mushroom Extract (fruit body), Cordyceps Mushroom Extract (mycelium), Ginger Extract (root).		
<b>Prebiotic &amp; Probiotic Blend</b>	<b>355 mg</b>	**
Inulin (from chicory root), L. Acidophilus (Super Strain DDS®-1).		
<b>Digestive Enzyme Blend</b>	<b>200 mg</b>	**
Protease I, Protease II, Amylase, Lipase, Lactase.		
<b>Immuni-Tea Boosting Blend</b>	<b>140 mg</b>	**
Decaffeinated White Tea Extract (leaf), Decaffeinated Green Tea Extract (95% polyphenols, 50% EGCG) (leaf), Green Tea Whole Leaf Powder (certified organic).		
Milk Thistle Extract (seed) (80% silymarin) (root)	55 mg	**
Japanese Knotweed Extract (20% resveratrol) (root)	40 mg	**
Turmeric Extract (Curcumin) (95% curcuminoids)	25 mg	**
Sulforaphane Glucosinolate†††	10 mg	**
Licorice Root Extract (Deglycyrrhizinated) (< 2% DGL)	3 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

**Other Ingredients:** Natural fruit flavors, citric acid, guar gum.  
**Free of:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.  
**AlgaeCal®** is a trademark of AlgaeCal Distribution Inc. Patent pending.  
**Super Strain DDS®** is a trademark of UAS Laboratories.  
††† Sulforaphane Glucosinolate is produced under U.S. patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.

 **‡As Quatrefolic® 5-MTHF.**  
Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.

This product is not labeled for sale in the State of California.