



**Directions:** Take four capsules daily or as directed by your healthcare practitioner.

Opti-Hist is an advanced, broad-spectrum nutritional formula providing comprehensive support for seasonal environmental challenges.\* The select nutrients in this formula – Vitamin C, Vitamin D-3, and Zinc – have been chosen for their synergistic ability to offer protection by supporting the body's immune response.\*

Key ingredients in Opti-Hist include Quercetin, Bromelain and Nettle Extract, which have been found to help promote healthy mucus viscosity and provide histamine support.\* Additionally, N-Acetyl Cysteine (NAC) is included in this formula as a powerful free radical scavenger.\* NAC is also an amino acid precursor to glutathione, one of the most important antioxidants in the body.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.





**Therapeutic Solutions** 

## Opti-Hist

High Potency

Seasonal Support\*

## Dietary Supplement



For Professional Use Only

120 VEGETABLE CAPSULES

## **Supplement Facts**

Serving Size: 4 Capsules Servings Per Container: 30

	Amount	%DV <sup>†</sup>
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D-3 (as cholecalciferol)	1,000 IU	250%
Zinc (as zinc mono-l-methionine)	25 mg	167%
Quercetin	500 mg	**
Boswellia serrata Extract (65% boswellic acids) (gum resin)	300 mg	**
Nettle (Urtica dioica) Extract (4:1) (leaf)	300 mg	**
N-Acetyl L-Cysteine	250 mg	**
Bromelain (2,400 GDU/g)	200 mg	**
Citrus Bioflavonoid Extract	200 mg	**
Grape ( <i>Vitis vinifera</i> ) Seed Extract (95% proanthocyanidins) (seed)	20 mg	**
Betaine HCI	20 mg	**

† Percent Daily Values based on a 2,000 calorie diet. \*\* Daily Value not established.

Other Ingredients: HPMC (vegetable capsule).

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy. To report a serious adverse event, call: 866.787.5175