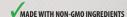
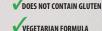
**Recommended Use:** As a dietary supplement, take one softgel per day, or as directed by your health care practitioner.

Notice: Color, size or shape may appear different between lots.







Berberine

Glucose Support<sup>†</sup>

**Dietary Supplement** 

For Professional Use Only

60 SOFTGELS

<sup>†</sup> This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



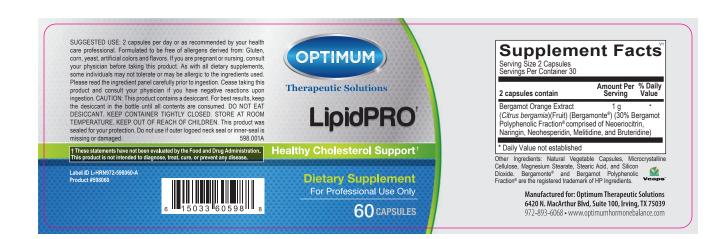
Other Ingredients: Medium chain triglycerides, vitamin E, high gamma tocopherol, sunflower lecithin; bovine gelatin, purified water, glycerine, curcumin (natural color) (softgel ingredients).

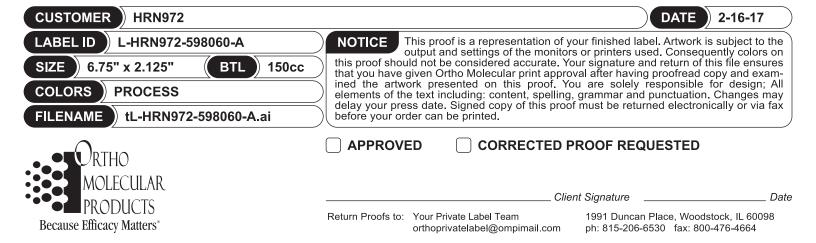
Manufactured for: Optimum Therapeutic Solutions

6420 N. MacArthur Blvd., Suite 100, Irving, TX 75039 www.optimumhormonebalance.com Report any adverse reactions to: 972-893-6068

STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.

BEV060-PL





DIRECTIONS: Take 1 tablet 30 minutes before breakfast and 1 tablet 30 minutes before dinner, or as directed by your healthcare practitioner.

Optimum ALA is a whole-body, multifunctional antioxidant that helps to maintain healthy, well-functioning cells. Optimum ALA is designed to neutralize free radicals. Optimum ALA has the ability to destroy free radicals in both the water-based and lipid-based portion of cells, making it the ideal whole-body antioxidant. In addition, Optimum ALA helps the body synthesize glutathione, the body's own master detoxifier, Optimum ALA also "recharges" other important antioxidants, such as vitamins C and E, and CoQ10, giving them the ability to continue fighting free radicals for extended periods of time. Unlike regular alpha-lipoic acid, Optimum ALA's patented, controlled-release formulation provides extended protection. In addition, biotin supports the function of alpha-lipoic acid in regulating glucose metabolism.<sup>†</sup>

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTIONS: Consult your healthcare practitioner before use, especially if you have or suspect you have a medical condition, including diabetes; if you take prescription drugs or are allergic to any ingredient; or if you are pregnant or lactating. Keep out of reach of children.

STORAGE: Store in a cool, dry place.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products. fish, shellfish, nuts, tree nuts, artificial colors, sweeteners, or preservatives



Therapeutic Solutions

## Optimum ALA Alpha Lipoic Acid

Slow Release

## Dietary Supplement

For Professional Use Only

60 TABLETS

## Supplement Facts

Serving Size: 1 Tablet Convinge Por Container: 60

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Amount F	Per Serving	%Daily Value
Biotin	450 mcg	150%
Alpha-Lipoic Acid (as thioctic acid)	600 ma	**

\*\* Daily Value not established

Other Ingredients: Cellulose and cellulose derivatives, dicalcium phosphate, stearic acid, magnesium stearate, silica, and glycerin.

PROTECTED BY U.S. PATENTS: 6,191,162(B1); 6,197,340(B1); 6,572,888(B2); 7,118,762(B2)

Optimum ALA Meets or Exceeds cGMP Quality Standards.

Distributed By: OPTIMUM THERAPEUTIC SOLUTIONS 6420 N. MacArhtur Blvd. Suite 100 Irving, TX 75039



REV 122811 071079-01

